

Core Values - Spiritual Community Behaviors and Individual Behaviors

How people will know when we are walking our talk, when we are being who we say we are!

Core Value: Spirit-Led

Definition- We consistently turn within to Spirit for clear guidance.

Community Behaviors-

1. We begin all our gatherings with prayer, and if we disagree, we pause for silent prayer.
2. We teach spiritual principles and practices, such as meditation & prayer, to help adults and children cultivate communion with the Divine.
3. We regularly provide opportunities to deepen and expand our understanding and practice of Unity principles and how to align with them.

Individual Behaviors-

1. I have a daily spiritual practice that keeps me centered on my Source.
2. I attend classes or workshops that support my spiritual growth.
3. In prayer, I turn over life's challenges to the Divine and express gratitude for what I have.

Core Value: Transforming

Definition- We are making deep changes resulting in new behaviors that demonstrate realization of our Divine Nature.

Community Behaviors-

1. Our thoughts, words and actions align with our spiritual principles.
2. We envision the highest and best for ourselves and for each other.
3. We offer opportunities for learning spiritual truth, tools & practices.

Individual Behaviors-

1. I accept responsibility for creating my reality through my thoughts, words and actions.
2. I seek out opportunities for greater self-awareness.
3. I embody integrity and higher consciousness in my communication with others.
4. I transform myself and in doing so, transform the world.

Core Value: Inspiring

Definition- We encourage and empower each other to live up to the best version of ourselves.

Community Behaviors-



1. We present uplifting lessons, music & meditation in our services.
2. We inspire the creative use of talents in sacred service, and provide appropriate training.
3. We provide a peaceful, beautiful & sacred environment to worship.
4. We are compassionate as we encourage each other to come up higher.

Individual Behaviors-

1. I consciously strive to express the Christ within and see that in others.
2. I share my spiritual journey with others.
3. I participate in sacred service for the good of my spiritual community and the world.

Core Value: Loving

Definition- We express unconditional love and see the good everywhere and in everyone, including ourselves.

Community Behaviors-

1. We warmly welcome and greet everyone with love who enters our sanctuary.
2. We are present to each other with complete acceptance, looking beyond appearances and differences.
3. We initiate conversations and connect with newcomers, inviting their involvement.
4. We honor all people as part of God's Love and Beauty expressed.

Individual Behaviors-

1. I continually seek to expand loving relationships in my world.
2. I am considerate of others and listen with empathy.
3. I love myself completely, as Spirit does, and I express my divine wholeness.
4. I practice forgiveness of myself and others.

Core Value: Joyous

Definition- We live from a positive view of the world and celebrate life!

Community Behaviors-

1. We celebrate our oneness with God through laughter, fun and music.
2. Our Youth & Family Ministry provides programs that are fun, inspiring and grounded in Unity teachings.
3. We sponsor activities, groups & outreach that speak to many people's joys and passions.

Individual Behaviors-

1. I choose to be optimistic, upbeat and appreciate humor in my daily life.
2. I practice living in a complaint-free world.
3. I participate in activities that bring me joy.